



SUPPORTING THE WIDER COMMUNITY

HORN OF AFRICA



Horn of Africa are based in Sheffield. They expected to see 20 young people at their sessions, but regularly engaged 30 – 40 young people and expect more and more to engage in the future.

Integration is important to the Horn of Africa as participants are from all over the world, some newly arrived in England. Fit and Fed sessions enabled people to get together, connect and have fun. The engagement goes well beyond the sessions, as the leader shares:

Our sessions are the only opportunities for our families to get their children involved in fun holiday activity, it gives parents some respite, plus they make friends themselves. I have worked with some mothers to access Childcare qualifications so they can develop an income that fits around their lives. I help others to access advice from Citizens Advice, and support people to join Unions so that their employment is protected. We're a community and we support each other. We are planning all sorts together, like sharing the dances and music from our cultures, to bring us closer together.



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