

Westminster Foundation Year 2 Update



CHANGING SPORT
STRENGTHENING COMMUNITIES
TRANSFORMING LIVES



Principle aims for the funding:

To engage young people in physical activity sessions, to prevent and deter them from becoming involved in crime & serious youth violence.

Year 1 summary:

Due to COVID, we had a bit of a slow start because due to being awarded the funding in March 2020- just before COVID lockdowns. This paused delivery but did not dampen enthusiasm towards the project with our three locally trusted organisations (LTOs) of North Paddington Youth Club, Marylebone Bangladesh Society Youth Club and London Tigers able to take sessions online then start delivering face to face in April 2021. They delivered 45 weekly multi-sport sessions, 36 holiday camp days and 95 young people were engaged. The staff at the youth clubs could see the increased commitment from the young people who were attending the sessions and could see their personality, confidence and technique grow.



What we delivered over the 2 years

- ✓ 3 Locally Trusted Organisations (LTOs) involved (100%)
- ✓ 132 Weekly multi-sport sessions delivered (107%)
- ✓ 78 Multi-sport holiday camp days delivered (118%)
 - ✓ 132 Young people engaged (147%)
- ✓ 28 Young people trained as volunteers (117%)
 - ✓ Partnership working together
- ✓ 1 SERVES Activator to deliver tennis sessions
 - ✓ 1 Multi-skills Activator for volunteers

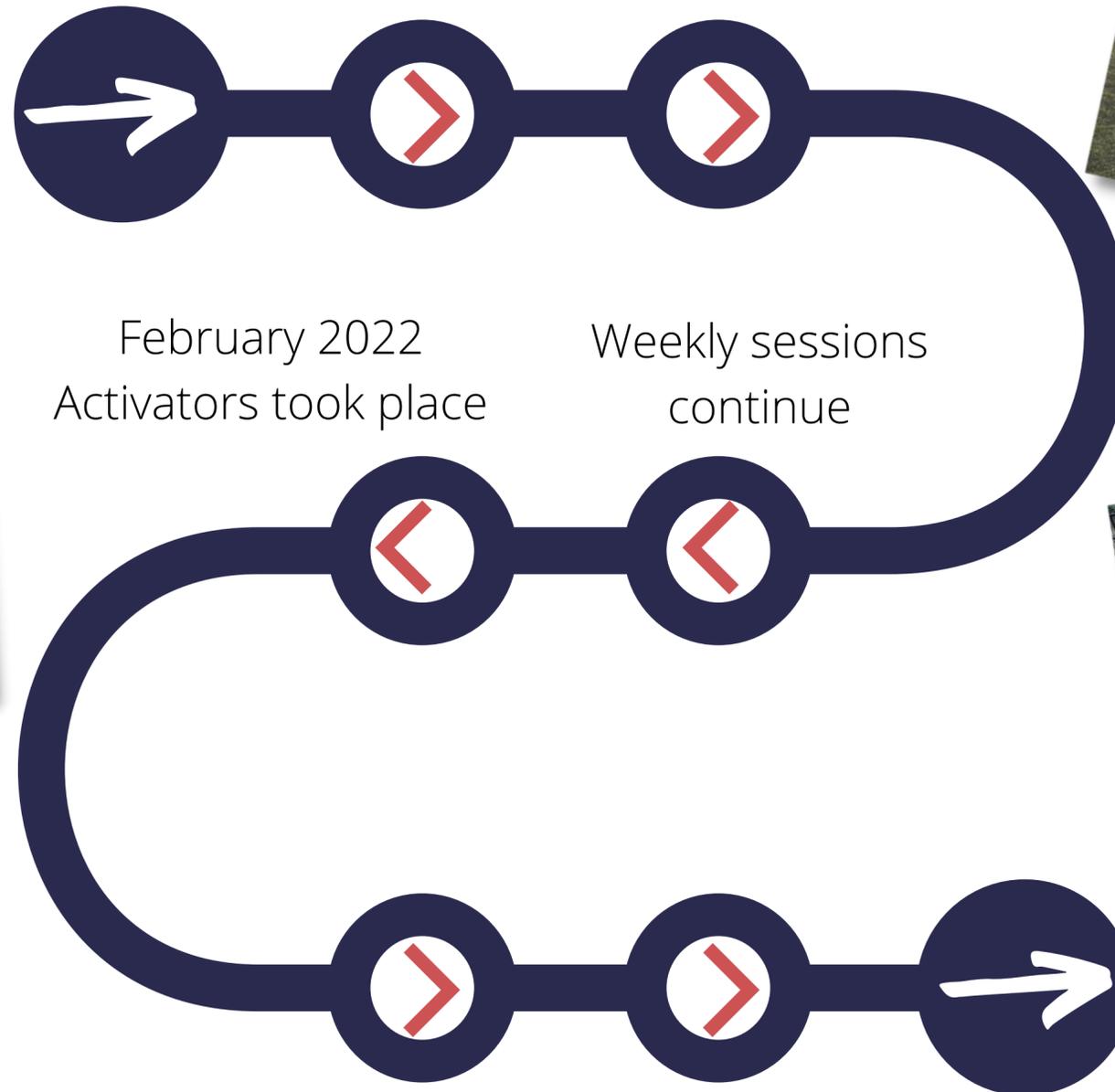




October 2021 half term holiday sessions commence

Weekly sessions continue

Christmas 2021 holiday sessions commence



February 2022 Activators took place

Weekly sessions continue



February, April & May 2022 holiday sessions take place

Summer 2022 holiday sessions commence

Weekly sessions continue



What the young people said in year 2

"These sessions allowed me to participate on sports activities that supported my mental health."

Zane

"This football tournament was well needed."

15 year old

"I enjoyed taking part in the sports sessions with London Tigers in this estate. I have made many new friends from the sessions who I now meet at school and spend time with. My favourite sessions were football, basketball and dodgeball."

Boy, 12

"Jiu Jitsu is my favourite sport ever."

8 year old

"The sessions have been a highlight to my week as it was something I always looked forward to knowing London Tigers and the coaches are here for us. Both after school and in the holidays I always wanted to take part and didn't want to miss out on anything. The coaches here make us feel welcome and get us involved in the activities and drills."

Boy, 14

"The sessions have been very fun, I enjoyed coming to play with others from the same area as me. The coaches and drills were engaging and it gave me something to do other than playing online with friends."

Boy, 12

"I wish we could do this all the time."

9 year old

"I loved these sessions as it gave me an escape from all the stresses that are going in my life right now."

Omar

"Attending these sessions allowed me to grow in confidence as I did not have much of that before."

Ali



The challenges of Year 2 of the project were...

- **Facilities-** Booking facilities and trying to stay within the budget when there has been rising costs. The access to facilities has also been hard, especially after COVID.
- **Safety-** Individuals were targeted because they are not from the area when in other communities, showing the real need for interventions like ours.
- **Weather-** The weather plays a big factor in children's attendance for our outdoor sessions.
- **COVID-** Making sure that all of our sessions were safe for all to participate in including staff and other members of our local community. Continuous risk assessments allowed us to deliver all of our sessions in a safe manner.

The successes of Year 2 of the project were...

- **Sessions supporting young people-** We were able to deliver high quality sessions either face to face or online to local young people which helped them increase their activity levels, and they have reported feeling more positive, more resilient and an increase in confidence.
- **Creating safe spaces-** Being able to create a safe space for young people 'at risk' has been very positive for the community, LTOs and of course, the young people themselves who have reported a sense of belonging and trust when attending the sessions.
- **Events-** We were able to host a number of events as a group, to bring the young people together with the highlight being our Euro tournament held in Lisson Green
- **Young Volunteers-** All LTOs have a new team of volunteers who completed training during the project and are now involved in delivery with some of our programmes.



For the 3 LTOs:

Our Partnership Sustainability Lead is working with the organisations involved to improve their bid writing and increase the capacity of the number of people who can fundraise within the LTO. This is through attendance on our Sustainability Webinars which cover things like starting your fundraising journey, how to demonstrate the need as well as budgeting and terminology. Our Partnership Sustainability Lead is also on hand to support with identifying funders and reading over bids.

Until any future funding is secured, the LTOs will be utilising their newly trained volunteers to ensure that the sessions can continue. They have even managed to create two new football teams, thanks to the young volunteers. With the cost of living crisis upon us, sessions like this and the support that is provided by the locally trusted organisations is vital for young people in diverting them away from youth violence and giving them a warm, safe place where they can also have a healthy meal.

From one of the LTOs: "Funding is still needed to support children and young people with their physical and mental health issues and according to our evaluation with the children and young people we support, they say that sport is one of the best tools to combat that.

Partnership Grants

StreetGames would love to work with you more closely through a partnership grant. We are aware that these are invitation only. However, hopefully you agree that this has been a successful project despite COVID pausing the start, and maybe you would consider us. We also have a network of organisations in Chester so we could complete a research project around serious youth violence and diversion while comparing the two areas. This is something we specialise in- we have completed research projects for Youth Endowment Fund, the report for this can be found [here](#).



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Pictures from Year 2



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